

| | | | |
|-----------------------------------|--|--|----------------|
| General information | Subject name, code and number of credits | CPSY 514, Contemporary Theories of Clinical Psychology, 6 ECTS | |
| | Department | Psychology | |
| | Program (Bachelor, Master) | Master | |
| | Associated Term | Fall 2024 | |
| | Instructor | Zarina Aliyeva | |
| | Email: | mzarinaz@gmail.com | |
| | Phone: | - | |
| | Lecture Room/Schedule | Mahsati str 11, (Neftchilar Corpus) | |
| | Consultations | | |
| Teaching language | English | | |
| Subject type (mandatory/elective) | Mandatory | | |
| Readings | <ol style="list-style-type: none"> 1. Thomas G. Plante. (2005). Contemporary Clinical Psychology. 2nd Edition. John Wiley & Sons, Inc. 2. David H. Barlow.(2011). The Oxford Handbook of Clinical Psychology. Oxford University Press. 3. Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York. 4. American Psychiatric Association. (2013). Diagnostic and Statistical Manual of Mental Disorders. DSM-5. Fifth Edition. Arlington, VA. 5. World Health Organization. (1990). The ICD-10: Classification of Mental and Behavioural Disorders. <p>American Psychological Association. (2017). Ethical Principles of Psychologists and Code of Conduct.</p> | | |
| Teaching methods | Lecture | | + |
| | Group discussions | | + |
| | Activities | | + |
| | Analysis of activities | | + |
| | Other: Analysis of practical cases | | + |
| Assessment and Grading | Components | Deadlines | Percentage (%) |
| | Midterm exam | Week 8 | 30 |
| | Individual assignment | November | 10 |
| | Being active member of learning community | During semester | 5 |
| | Attendance | During semester | 5 |
| | Presentation/Group discussion | December | 10 |
| | Final exam | Janury | 40 |
| Course Description | <p>The course "Contemporary Theories of Clinical Psychology" will provide students with overview of modern theories and psychotherapy approaches used worldwide today. Students will practice their theoretical knowledge during case studies. They will better understand why theoretical basis is extremely important for making any decisions in clinical practice at the stage of assessment, formulation, treatment and evaluation.</p> | | |

| | | |
|---|--|---|
| Course aims | Students will have a solid knowledge of: <ul style="list-style-type: none"> ➤ Objectives, history and stages of clinical practice of clinical psychology ➤ Evidence-based practice and ethical issues in clinical psychology ➤ Contemporary evidence-based psychotherapy approaches ➤ Modern theories of clinical psychology | |
| Learning Outcomes | Students will gain an understanding of: <ul style="list-style-type: none"> ➤ Contemporary theories of clinical psychology ➤ How these theories are applied in clinical practice ➤ What are the ethical considerations in choosing theories and therapy methods ➤ What is the concept of evidence-based practice | |
| Marking Criteria | <p>Midterm and Final exams:</p> <ul style="list-style-type: none"> ➤ Information: detailed, accurate, relevant; key points highlighted; ➤ Use of relevant and accurate Evidence: key points supported with highly relevant and accurate evidence, critically evaluated; ➤ Points will be taken for any case of cheating or irrelevant information to the questions. <p>Individual Assignment:</p> <ul style="list-style-type: none"> ➤ Information: detailed, accurate, relevant; key points highlighted; ➤ Structure: rigorously argued, logical, easy to follow; ➤ Analysis and Interpretation: extensive evidence of independent thought and critical analysis; ➤ If plagiarism is detected, the student lose most of the points. <p>Presentation</p> <ul style="list-style-type: none"> ➤ Presentation Skills: clear, lively, imaginative; good use of visual aids (where appropriate); ➤ Information: detailed, accurate, relevant; key points highlighted; ➤ Structure: rigorously argued, logical, easy to follow; <p>Activity and Attendance:</p> <ul style="list-style-type: none"> ➤ High attendance (missing of 2 classes without valid reasons results in losing one point) ➤ Time Management: perfectly timed, well organised. ➤ Active participation in class activities, initiative, teamwork results in highest point | |
| Rules (educational policy and behavior) | Expectations from students: <ol style="list-style-type: none"> 1. High attendance is expected 2. Be active during class activities and discussions 3. Individual assignment and presentation should meet the requirements and contain information about literature sources. 4. Plagiarism and copying during exams and assignments will not be tolerated | |
| Week | Topics | Reference |
| 1. | Introduction to clinical psychology | Graham Davey, Nick Lake and Adrian Whittington. (2015). Clinical Psychology. New York. pp. 3-19 |
| 2. | History of Clinical Psychology | The Oxford Handbook of Clinical Psychology (2011). Oxford |

| | | |
|-----|--|---|
| | | University Press. pp. 23-34 |
| 3. | Four Major Theoretical Models in Clinical Psychology | The Oxford Handbook of Clinical Psychology (2011). Oxford University Press. pp. 98-127 |
| 4. | A psychodynamic approach | Thomas G. Plante. (2005). Contemporary Clinical Psychology. 2nd Edition. John Wiley & Sons, Inc. pp. 117-122, 135 |
| 5. | Behavioral and Cognitive-Behavioral Approaches | Thomas G. Plante. (2005). Contemporary Clinical Psychology. 2nd Edition. John Wiley & Sons, Inc. pp. 122-128, 135 |
| 6. | Humanistic approach | Thomas G. Plante. (2005). Contemporary Clinical Psychology. 2nd Edition. John Wiley & Sons, Inc. pp. 128-130, 136 |
| 7. | Family systems approach | Thomas G. Plante. (2005). Contemporary Clinical Psychology. 2nd Edition. John Wiley & Sons, Inc. pp. 130-134, 136 |
| 8. | Midterm exam | All references from the reading list |
| 9. | Integrative Approaches in Contemporary Clinical Psychology | Thomas G. Plante. (2005). Contemporary Clinical Psychology. 2nd Edition. John Wiley & Sons, Inc. pp. 141-148 |
| 10. | Biopsychosocial Approaches in Contemporary Clinical Psychology | Thomas G. Plante. (2005). Contemporary Clinical Psychology. 2nd Edition. John Wiley & Sons, Inc. pp. 148-171 |
| 11. | Contemporary Psychological Assessment | The Oxford Handbook of Clinical Psychology (2011). Oxford University Press. pp. 76-98 |
| 12. | Psychotherapeutic interventions | Thomas G. Plante. (2005). Contemporary Clinical Psychology. 2nd Edition. John Wiley & Sons, Inc. pp.263-275 |
| 13. | Fields of clinical psychology | The Oxford Handbook of Clinical Psychology (2011). Oxford University Press. pp. 609-877 |
| 14. | Evidence-based practice in clinical psychology | The Oxford Handbook of Clinical Psychology (2011). Oxford University Press. pp. 128-150 |
| 15. | Presentations | All references from the reading list |
| 16. | Final exam | All references from the reading list |